



Training Prospectus



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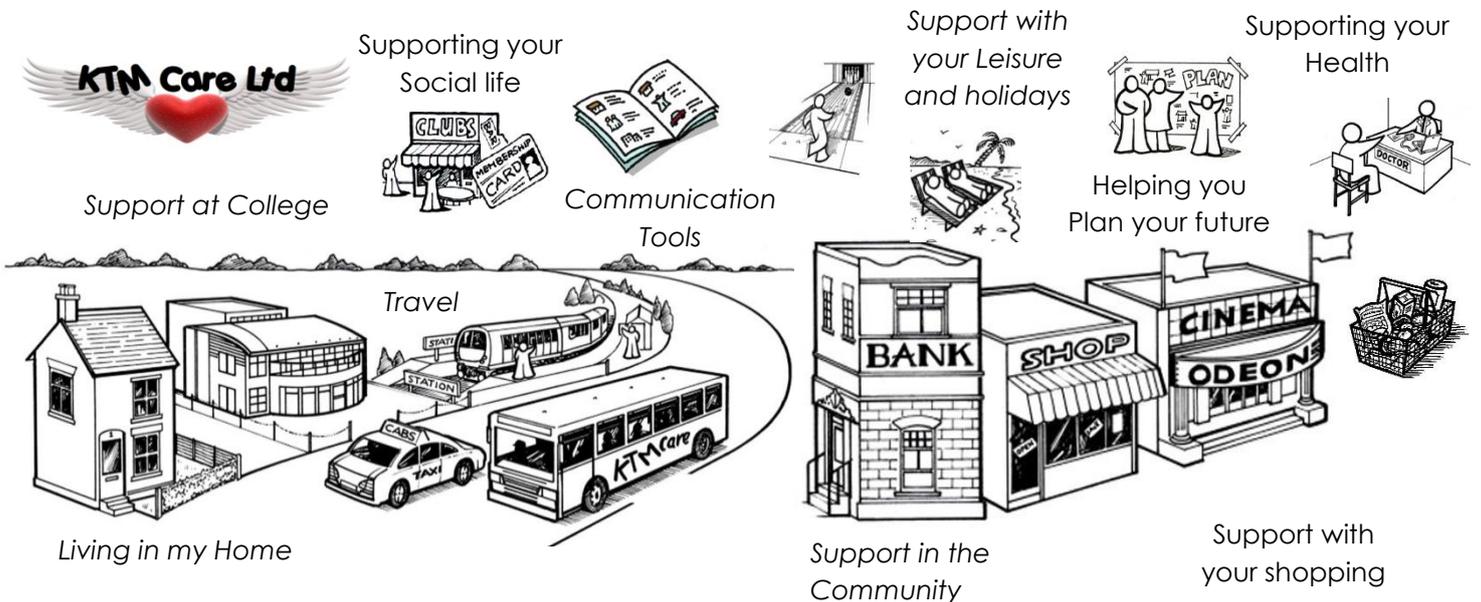
Email: info@ktmcare.co.uk Website: www.ktmcare.co.uk

Who are we?

KTM Care Ltd is an Autism Specific Care Service providing high quality care to individuals aged 8+ on the Autistic Spectrum.

This includes 24 hour support within their own home, community support, employment and education support or a tailored package of support - to help them achieve their goals and dreams.

We support people with every aspect of their life, from supporting them to find and live in a new home, access the community and make sure they are receiving the right welfare benefits



Training we offer our staff

All of KTM Care Ltd Staff go through an intensive Autism specific training package, all of the mandatory care training courses as well as Autism Level one and two, Sensory Awareness, TEACCH, Makaton, Social Stories and 5 Point Scale and much more delivered by our in-house training officers that have experience in the courses and delivering training and undertaken their PTTLS Qualification.

We also put our staff through external training such as Gastronomy awareness, Safer Handling Techniques, Safeguarding Children level 2, Epilepsy and Buccal Administration. We also require our staff to work towards and gain their NVQ in Health and Social Care Levels Two - Five

Training we can offer you

Training that we can deliver you is the following:

Introduction to Autistic Spectrum Level 1

The Autistic Spectrum Level 2

Sensory Awareness

Social Stories Techniques

5 Point Scale Techniques

Introduction to TEACCH



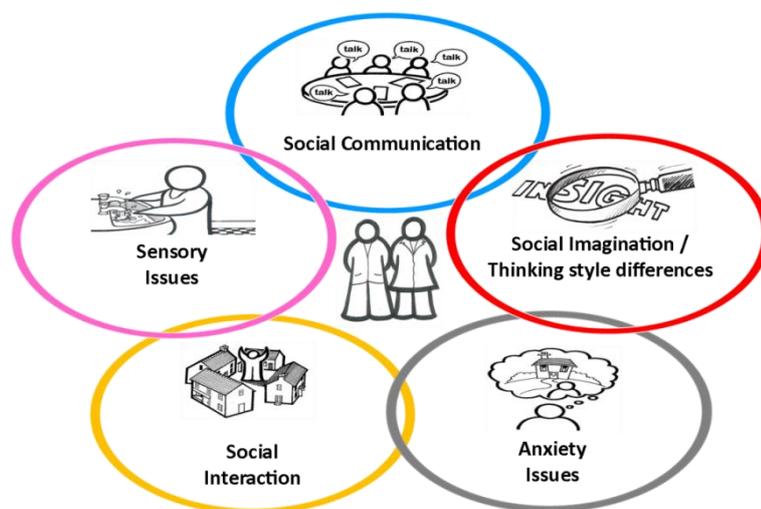
Introduction to Autistic Spectrum Level 1

Duration: 6 hrs

This course offers a range of activities to help our learners understand and recognise the 'Triad +2' and difficulties that someone on the Autistic Spectrum Disorder struggles with. Learners will undertake activities to help them understand how it feels to have an Autistic Spectrum Disorder. The course includes role plays, videos, activities and scenarios to help achieve the course outcomes.

Course Outcomes:

1. Identify the areas in which individuals with an Autistic Spectrum Disorder characteristically have difficulties
2. Identify the concept of Autism as a spectrum, and the implications for variation in the capacities and needs of individuals
3. Recognise the behaviours exhibited by some individuals with an Autistic Spectrum Disorder
4. Demonstrate how to contribute to the person-centred support of an individual who has an Autistic Spectrum Disorder
5. Demonstrate how to communicate effectively with individuals on the Autistic Spectrum



The Autistic Spectrum Level 2

Duration: 6 hrs

This course offers a range of activities to help our learners understand and recognise the 'Triad +2' and difficulties that someone on the Autistic Spectrum Disorder struggles with. This course goes through a more in-depth knowledge of Autism, including diagnosis, history, assessments, and processes that someone on the Autistic Spectrum Disorder may come across. Learners will undertake activities to help them understand how it feels to have an Autistic Spectrum Disorder. The course includes role plays, videos, activities and scenarios to help achieve the course outcomes.



Course Outcomes:

1. Recognise the main characteristics of Autistic Spectrum Disorders
2. Identify how Autistic Spectrum Disorders can impact on the lives of individuals and those around them
3. Identify different theories and concepts about Autism
4. Recognise the legal and policy framework that underpins good practice in the support of individuals with Autistic Spectrum Disorders and its implications
5. Demonstrate how to achieve effective, positive and good communication with individuals with an Autistic Spectrum Disorder
6. Recognise how the different and evolving theories about Autism reflect the complexity of Autistic Spectrum Disorders
7. Be able to promote good practice in the support of individuals with an Autistic Spectrum Disorder
8. Be able to implement strategies to support individuals with an Autistic Spectrum Disorder to manage their sensory world.

Sensory Awareness

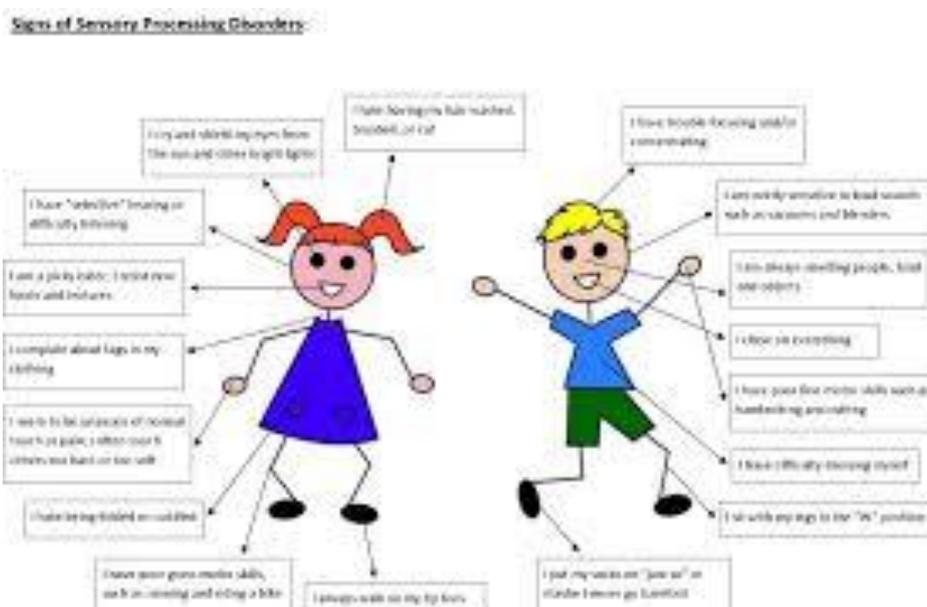
Duration: 3hrs

This course is designed to make people aware of sensory processing disorders, our learners will learn about the seven senses and how it feels to have a sensory processing disorder, we will achieve this by activities, videos and case studies.



Course Outline

1. Recognise the seven senses and how they affect us.
2. Identify the two main categories hyper and hypo and how these effect the senses.
3. To be able to support someone who has sensory processing disorder
4. Recognise what it feels like to have a sensory processing disorder to be able to identify how these can change the way you approach someone with sensory processing disorder.
5. Identify what strategies and items can be used to help someone with their sensory processing disorder



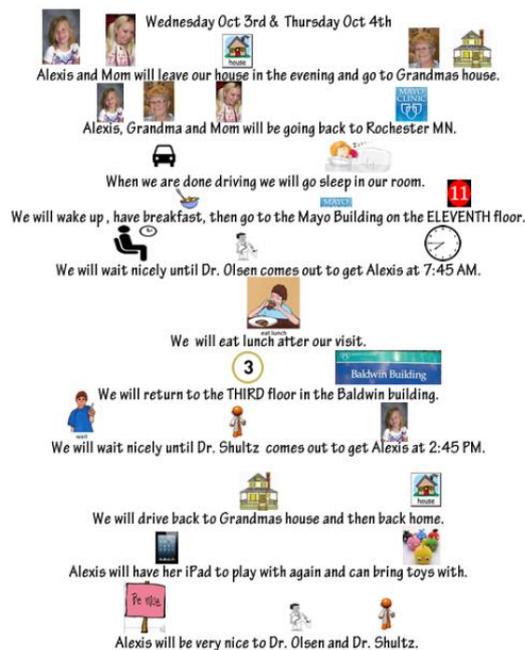
Social Stories Techniques

Duration: 3 hrs.

This course is designed to make awareness of social stories. A social story is a unique story designed about the individuals themselves to help them understand and accept social situations, social skills and appropriate behaviours. It puts the individual's life into perspective for them and informs them of the best way to do or behave. This course will give our learners the opportunity to write a social story and recognise how they can be adapted to suit individual's needs.

Course Outcome:

1. Identifying the different types of social stories
2. Recognise when a social story can be used
3. Understanding how to write a social story for individuals
4. Explore additional tools to help social stories



5pt Scale Techniques

Duration: 3 hrs.

This course is designed to work alongside the social stories and introduce the 5pt scale. The 5pt scale can be used as a behaviour strategy to help the people have more independence in controlling their own behaviours. It can be adapted to suit the individuals and used for any type of behaviour that they may struggle with from speaking loudly, anxieties and physical aggression. It can be adapted to suit any abilities by using pictures and colours.

Rating	When/Where to Use Voice Volume
5	I am hurt and need help
4	Playing on the playground
3	In the lunchroom; talking to friends; answering questions
2	In the library; at church; working in a group
1	When the teacher is talking; when walking in the hallway

Volume Control

Course Outcomes:

1. Identifying how a 5pt scale works
2. Recognising when a 5pt scale can be used
3. Understanding how to adapt a 5pt scale to suit individuals
4. Explore additional tools to help the 5pt scale

5		Screaming Emergency voice Someone is hurt or you are in danger
4		Outside Voice Roar voice, Cheering at a game, or calling the dogs outside
3		Classroom Voice Talking voice
2		Whisper Soft voice / library voice
1		No Talking It's time to listen

Introduction to TEACCH

Duration: 3 hrs

This course is designed to make awareness about TEACCH, how TEACCH can improve someone's way of communicating and making choices.

Course Outcomes:

1. Identify the importance of communication
2. Identify how TEACCH is to be used and when.
3. Recognise the importance of TEACCH and the impact it can make to an individual's communication skills.
4. Demonstrate how to use and set up TEACCH

